



The Far West LHD celebrated NAIDOC Week with a number of activities across the LHD. This year's theme for NAIDOC was 'Because of Her We Can'. For stories and photos go to pages 5-6.

Message from the Chief Executive

It has been a busy time and we have almost got the winter months behind us, thank you for your continued dedication to providing excellent health care to the people of the Far West.

We have also been busy moving our services and staff into the new community health building on the corner of Sulphide and Crystal Streets in Broken Hill. It is only a kilometre or so away from Kincumber House but it feels like we have moved into another universe such is the substantial change to our working environment which has been a positive change for those of us who have made the move. We have had a couple of teething problems as we become used to the building but nothing major and most things have been worked through already. A huge thank you to our staff who have continued to provide services over the period of the move to Sulphide Street. We are currently working on a date for the official opening of the building and I hope to be able to confirm this in the near future.

To our colleagues who are also continuing to provide outpatient services while the ambulatory care refurbishment is in progress at the Broken Hill Health Service, I along with the Executive appreciate your patience and tolerance and the inconvenience will be worth it in the end as we will have a modern area in which to provide services to our community.

I also appreciate the work that the staff in primary care and mental health services at Dareton have been contributing to the new HealthOne building that is to be built at Buronga over the next twelve months. This is also a great opportunity to consolidate the delivery of services in the region with our partners at Coomealla Health Aboriginal Corporation.

The Far West Local Health District has also been successful in receiving funding to refurbish the Mental Health In-Patient Unit, have improvements built in the staff accommodation at Ivanhoe and Wilcannia, increase the accessibility to our health buildings at Tibooburra and White Cliffs, buy additional bariatric lifters for the Broken Hill Health Service, refurbish the medical imaging equipment at Breast Screen at Broken Hill and replace the Dental Caravan at Dareton.

While capital works projects are very important, it is our staff who make the difference not only in what we do each day, but how we do it, so, in closing, I would like to thank you all for your participation in the 2018 People Matters Staff Survey. The Far West Local Health District had a participation rate of 70%, this is an improvement on the already high 2017 result of 58%. I plan to attend each facility and provide feedback on our results and our future planned actions when the results become available later in the year. Please enjoy reading this edition of Far West in Focus.



Mr Stephen Rodwell

— **Steve Rodwell, Chief Executive**



Stage 1 of BHHS Redevelopment is complete!

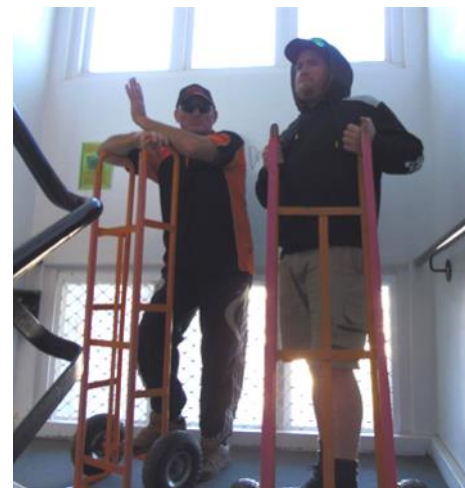
The new Community Health Centre was handed over to the LHD on 18 June, and staff and services relocated to the new building at the end of June. Kincumber House staff had a progressive farewell afternoon tea for the old building, saying their goodbyes before they moved out.



Offices and services packed themselves up and had help from local movers to more gear from old to new.



**MORE
PHOTOS
NEXT PAGE**





A community Open House occurred at the new building, with hundreds of community members coming through to have a look, many taking guided tours, lots taking lead service giveaways and a many enjoying a sizzled sausage cooked by our friendly staff.



Kincumber House demolition and Ambulatory Wing work — next page.

And staff and services finally got to move in and embrace the joy of unpacking!





Stage 2 of the BHHS Redevelopment is underway!

The Medical Day Only/ Oncology area is under construction in the hospital, and reconfiguration of reception and wait areas in Primary and Allied Health is advanced. These sections should be completed by the end of August. Looking forward, key dates are:

August	Former reception and waiting areas should be completed and nearing handover as useable rooms. This will be when the corridors in these areas will re-open.
End August	Oncology/medical day only area should be completed and nearing handover. This will be the end of building works in and around the primary and allied health areas. The temporary reception desk will remain active until the new integrated reception is built.
Nov/Dec	New integrated reception should be completed and nearing handover. Temporary primary and allied health reception will be closed and moved to the new reception area.

The demolition of Kincumber House is underway at the moment, starting with removal of hazardous materials from the building.





NAIDOC 2018 – Because of Her We Can

The Broken Hill Health Service held another successful NAIDOC barbecue in the Ngarpa Community Room courtyard. Denise Hampton, Community Elder and Project Manager for the UDRH, spoke of the importance of this year's theme for NAIDOC – Because of Her We Can. Denise spoke of how strong and resilient Aboriginal women have been in the face of adversity in their families and communities. To honour the women of the day a canvas and paints were available for women attending to place their handprint and a lovely bright painting was the end result. The canvas will be displayed in one of the facilities of the Broken Hill Health Service. Thanks to everyone for helping to make it a fantastic day!



Denise Hampton (above) and visitors enjoying the day



Lucy preparing her hand and getting ready to put their print on.



**More
NAIDOC
events
next page**



BHHS General Manager Ken Barnett (left) and Peter MacDonald on barbecue duties





NAIDOC Day at Dareton Primary Health

Staff from the Primary Health Centre Dareton participated in NAIDOC celebrations on 12 July by taking part in a community day at the Dareton Primary School. This was attended by the local community, government and non-government organisations.

The barbecue was supplied and cooked by staff from CHAC (Coomeealla Health Aboriginal Corporation)



including kangaroo sticks, hamburgers, salads and Johnny cakes. It was a fun day enjoyed by all that attended.

Loren Andrews, Zoe Kelly and Terrie Beven at the Dareton NAIDOC celebrations community day.

Ivanhoe NAIDOC Day

The Ivanhoe Health Service hosted a NAIDOC celebration barbecue on 18 July organised by Aboriginal Health Worker Brenda Brennan and Community Working Party members Fay Johnstone and Joan Slade, who were recognised on the day for their roles as leaders and their invaluable contribution to the Ivanhoe community.

Staff and community members celebrated those receiving awards on the day, enjoyed a barbecue together and ate delicious traditional Johnny cakes cooked by Faye Johnstone. Nathan and Tyrone from Ability Links in Broken Hill also joined the day and contributed to its success by supplying beverages and merchandise. The enjoyable day brought together community members to celebrate this year's theme; "Because of her, we can".



Dialysis Unit getting new machines

The Broken Hill Dialysis Unit is getting new dialysis machines!

Six new Fresenius dialysis machines are being installed in the unit and a Clinical Specialist will assist with staff training in the new machines, including troubleshooting.

Penny Griffin, CNC Renal Services, travelled to Port Augusta to work in their dialysis unit, to receive initial training in the new Fresenius 5008 machines. Penny was welcomed by Kylie Herman and her team — they taught her how to line and prime the new machines, to commence a treatment for a patient and how to complete a treatment, along with some simple trouble shooting.

They all went through the changeover of machines more than 12 months ago, so were well equipped to explain the tricks they had learnt from their experience.

The new machines are very different to what has been used in the Broken Hill Health Service for the last 18 years. They are technologically advanced and will provide better patient treatment options for our haemodialysis patients.



Penny Griffin, Kylie Herman and her team in the Port Augusta Dialysis Unit



Health at Careers Expo

Regional Development Australia Far West extended a personal invitation to the FWLHD to participate in the 2018 Careers Expo.

The Expo is an annual event organised by RDA FW in partnership with education, training, employment providers and organisations. More than 500 students from across the far west will be in attendance.

The Careers Expo offers an opportunity for students, job seekers, teachers and careers advisors to connect with local business for guidance, information and opportunities in relation to the career options available.

It was a perfect platform for the FWLHD to promote, meet and attract future employees. Careers promoted including in women's health and nursing, social work and our School-Based Traineeships, as well as allied health. Students attended from Years 9 to 12 and the general public.



Health staff at the Expo included (from left) Lianne McManus, Natasha Van Gorp, Jane Davies, Danielle Kennedy and Vanessa Meigel.

Community Palliative Care Volunteers complete Induction Training

The FWLHD is celebrating the appointment of the first intake of Community Palliative Care Volunteers who have completed the 25 hour Induction Training Program to prepare them for volunteering in the community.

The four volunteers were presented their Certificate of Achievement at a graduation ceremony on 26 August. They can now help

patients living at home who are receiving Specialist Palliative Care Services and are eligible for Community Palliative Care Volunteer Services. The volunteers will be matched with patients to ensure compassionate and person centred support for the patient and their carers to enhance their quality of life.

Janet Pearce, Community Palliative Care Volunteer Coordinator, said: "The volunteers are all excellent listeners, warm, empathetic and compassionate people with a strong commitment to volunteering with palliative care services."

Congratulations to the graduates and Palliative Care Services for this great initiative and everyone involved.



Community Palliative Care Volunteer service graduates with their certificates (from left) Tracey Dolamore, Susan Lukoschek, Priscilla Mercieca and Dorothy Henderson pictured with the Palliative Care Team.



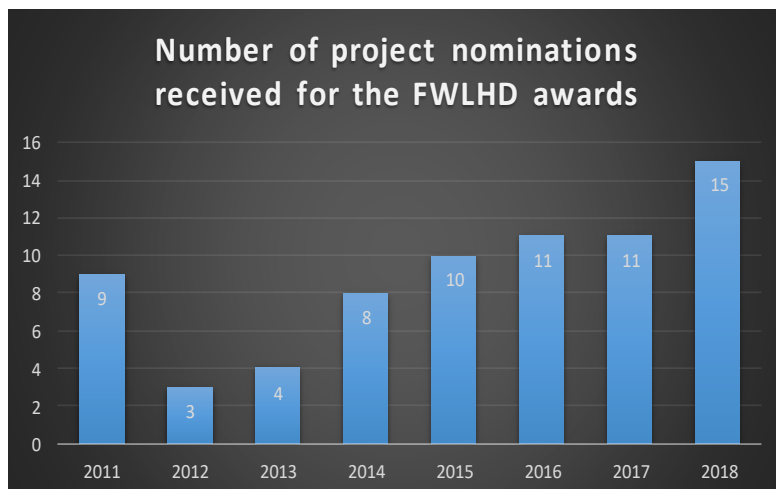
The Annual Far West LHD Innovation and Staff Recognition Awards



Get Started

Friday 10 August 12pm at UDRH

Awards ceremony will be transmitted via video-conference to Skylab and outlying sites.

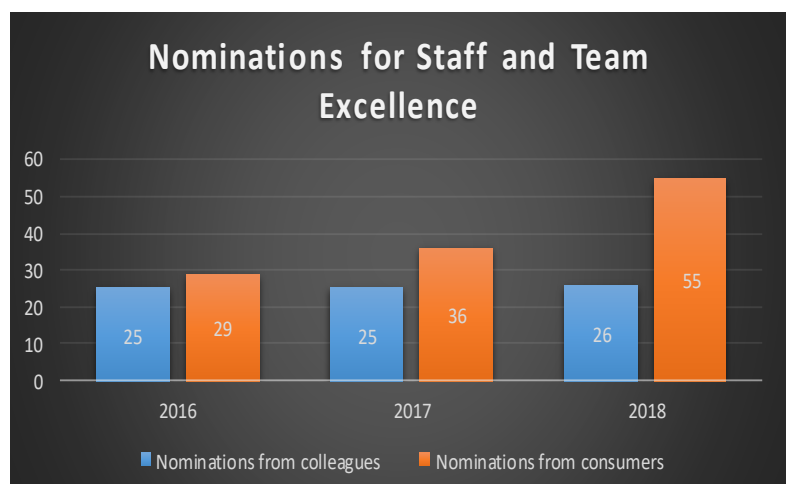


Highest number of project nominations in recent years.

Well done to all those who submitted projects.

Consumer nominations for staff recognition is growing.

Contact Helen Hayes
(Helen.hayes@health.nsw.gov.au)
if you plan to attend or would like to link in on videoconference





Smoking Cessation in Pregnancy face to face workshops

Tracey Greenberg (Ministry of Health Smoking Cessation trainer) will be delivering face to face smoking cessation workshops in Broken Hill on 27/28 August 2018 with a focus on staff in contact with pregnant women.

The training consists of 5 modules and are designed to enable time constrained midwives and other health practitioners implement effective smoking cessation intervention with pregnant smokers and mothers of newborns. It is designed to coincide with new online training that will soon be offered via HETI. That training (online learning) is designed to complement this face-to-face training. As the smoking cessation in pregnancy training will be rolled out across all LHD's it will be quite important that the messages and skills are consistent across the state.

For Information & Bookings contact

Chelsea.Anderson@health.nsw.gov.au or call 8080 1583



The LHD's July Corporate Induction session was held with a slightly reduced number of new employees than usual, but they were no less enthusiastic in each of the sessions. The group included (from left) Jamie Kuerschner, Michael Ellis, Terry Kowald, Lianne McManus (Facilitator), Nicole Byrne and Elaine Fotheringham.

It was Hepatitis Awareness Week from 23-28 July and the Broken Hill Sexual Health/Liver Clinic Service promoted this important health issue with an information display and free sausage sizzle in the BH Hospital. Information about Hepatitis C was available and staff present to talk to anyone about the illness. Pictured at the stall were (from left): Trudy Stirling (Registered Nurse), Lizzie Scally (Clinical Nurse Specialist) and Syl Phillips-Ayre (Aboriginal Primary Health Worker).





FWLHD Leaders and Influencers Forum

The FWLHD Leaders and Influencers Forum was held on 20 July bringing together staff who have a role in leading and influencing the whole workforce in working together to achieve Excellence in Rural and Remote HealthCare.

The Forum provided an opportunity for Leaders and Influencers to focus on the strategic priority "Establishing the LHD as an Employer of Choice" using design thinking and run deep problem solving processes to better understand problems and generate solutions.



This will be the first of many Forums to be held and generally everyone was satisfied with the day. A survey was sent to participants and the following feedback will help with planning for the next Forum at the end of the year. Thanks to everyone who contributed to the day and the Chief Executive Unit who planned and prepared this Forum.

The feedback from survey results so far show from 34 responses out of 51 participants:

Only 5.8% of participants were dissatisfied with the day and facilitation with comments including:

- Great work by the MC and facilitators
- I thought it was run efficiently by the facilitator, but almost too efficiently... so that the balance of humour and disrespect was somewhat blurred at times.
- Donna did a great job keeping things moving and funny.
- Started well. As the morning progressed the facilitator became more and more disruptive during group activities, interrupting discussions and group work. The direction of some activities was confusing.
- Well planned and designed.

Of participants 73.5% were satisfied with the Directorate work to determine actions and 27.27% would like further assistance to implement their actions.

Further comments for planning the next Forum include:

- The beginning of the next forum should include a follow up from the first forum with each of the Directors providing feedback on the progress of their actions.
- Decent facilitators that know what they are doing. It should be done as a whole district not just directorates. Firstly we need to stop working in silos and start working together.
- Wonderful opportunity to meet and greet colleagues who one would never know worked in the same District. Definitely should be an ongoing forum to work on the big issues for the district
- Clearer explanations of activities, expectations of activities, and end goal for the day. Was valuable connecting with people from the different directorates and putting faces to names
- Overall great day. It was a fantastic way to work together to address issues and problem solve as a group.





HealthRoster

HealthRoster Update: HealthRoster went live in July. This exciting development has proven to be a simple yet effective rostering program, with positive feedback from roster managers across the District.

Managers have found the system easy to use (when they open their Vacant Shifts), and the visibility of their workforce pleasing.

Managers are reminded that any staff assignment details changes will need to be actioned via a Stafflink eForm.

We have also launched Employee Online and Pay Period Confirmation with information sessions happening at all sites. Employees can now log into HealthRoster and check their rostered and worked shifts, with visibility from anywhere with internet access.

Our first roster period starts on 6 August. During this period our roster managers are encouraged to undertake daily finalisation of their rosters. Employees can then view their rosters throughout the period and utilise PPC to confirm their finalised shifts and help reduce incorrect payments.

Throughout August, our Project Team will be roaming the LHD to help managers create and maintain their rosters. If you would like to access one on one support, check out the schedule in the Rostering pages on the Intranet or email the team at FOWLHD-HealthRoster@health.nsw.gov.au

Recruitment Tip



Managers are reminded that Recruitment and Onboarding face to face training will be held in Broken Hill from 13 August. Spaces for training are strictly limited; hiring managers, convenors and job owners are encouraged to enrol via My Health Learning today!

Introducing the Far West Staff Portal

Far West Staff are now able to access applications through the Far West internet page. Our Staff Portal contains links to HealthRoster, Stafflink, Webmail, and more, to help staff navigate to their required programs from anywhere with internet access.

Check out the Staff Portal on the Far West website, <http://fwlhd.health.nsw.gov.au/>

Far West Facility Challenge Update

The Get Healthy Team is hosting the Far West Facility Challenge, an exciting challenge where our facilities compete against one another to walk the most steps.

Our most recent leaderboard (at 25 July) has Broken Hill Elloura Lodge in the top spot. Our teams have put in a huge effort, with almost 20 Million steps amassed over four weeks.

Please encourage our teams to step up this month, and if you would like to join in, email the Get Healthy Team at FOWLHD-GetHealthy@health.nsw.gov.au.

Quality Board Communication

Advance Care Planning

Advance Care Planning is thinking about your future, and putting things in place so that your choices will be known and acted on if you cannot express these choices yourself later in life.

This may happen if you have a sudden accident, become very ill or develop a condition such as dementia that affects your memory and your planning ability. Planning ahead can include issues related to your finances, lifestyle or health care. Advance Care Plan, Enduring Guardianship, Power of Attorney and a Will help you provide for future legal, health and financial decisions. When you have planned ahead you can rest assured that you and your loved ones will be looked after if circumstances change through your life. Your rights and wishes can be respected if they are properly documented.

For further information about planning ahead documents:

NSW Health Advance Care Planning - <http://www.health.nsw.gov.au/patients/acp>

NSW Government Planning Ahead Tools - www.planningaheadtools.com.au or call 1300 887 529.

Alzheimers Australia Start 2 Talk - <https://www.fightdementia.org.au/planning-ahead> or call 1800 100 500.





My Health Record puts your health in your hands

By the end of 2018, a My Health Record will be created for every person with a Medicare or Department of Veterans' Affairs card, unless they choose not to have one.

Already 5.8 million Australians have a My Health Record, which is a secure online summary of a person's health information.

Having a My Health Record means important health information – including allergies, medical conditions and treatments, medicine details and scan reports – can be accessed through one system.

My Health Record allows patients to take more control of their own health and wellbeing, manage their children's health, and upload key documents such as advance care directives.

During the three-month opt out period which runs from 16 July to 15 October, people who do not want to have a My Health Record will have the opportunity to opt out.

NSW Health clinicians can access information about a patient's recent health history from all NSW LHDs and the My Health Record, via HealtheNet.

General enquiries: healthenet@health.nsw.gov.au

Technical support requests: EHNSW-HealtheNetSupport@health.nsw.gov.au

My Health Record Helpline: 1800 723 471 (select 1 for consumers, 2 for providers) or www.myhealthrecord.gov.au



My Health Record

WHAT IT
MEANS FOR
YOU AND YOUR
PATIENTS

Mental Health Phase of Care — HETI eLearning Module

The new Australian Mental Health Care Classification and Phase of Care online training module is now available through the My Health Learning portal.

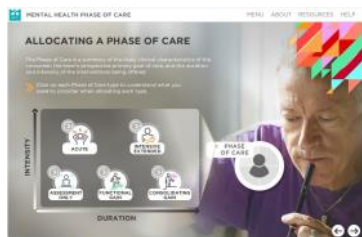
The Mental Health Phase of Care (MHPoC) is a summary of the likely clinical characteristics of the consumer, the team's prospective primary goal of care, and the duration and intensity of the interventions being offered.

What will I learn? On completion of the module, you will be able to:

- Identify the appropriate MHPoC that best describes the consumer's primary goal of care at a given point in time
- Enter the MHPoC into the Electronic Medical Records (eMR) system
- Review the consumer's progress and update the MHPoC when there is a change in the goal of the consumer's care.

How do I access the training?

- Log in to the online learning centre My Health Learning from the NSW Health Intranet
- Search Catalogue: Mental Health Phase of Care



ims+ Program Update

eHealth NSW and the Clinical Excellence Commission (CEC) remain committed to delivering a contemporary, intuitive Incident Management System for NSW Health staff.

ims+ Program is no longer paused

The Program has received approval from the ims+ Steering Committee and the eHealth Executive Council to negotiate a new agreement with Datix Group, for delivery of the new Incident Management System and have been working with eHealth NSW, CEC and the ims+ Committees to provide an incident management system which best meets NSW Health's requirements.

What will be different?

The new Incident Management System will be a more modern, Cloud-based offering, which will have greater configurability than either IIMS or the RiskMan system could provide.

When will the new ims+ be ready to pilot/ implement?

At the time the Program was paused, NSW Health staff provided feedback that they would prefer to wait until ims+ was fully ready for use prior to it being implemented.

The new timeline for the implementation of ims+ is yet to be confirmed, however, the pilot is expected to commence in Quarter 4 of the 2019 calendar year for a period of three months. This will be followed by three quarterly waves of rollout in 2020. The Far West LHD Clinical Governance Unit will support local implementation of the IMS+ system.



Safety culture for Far West LHD

Hello my name is Janet Masters. I am the new LHD Safety Culture Coordinator; I am an RN, with varied clinical experience from Intensive Care to Infection Control to Community Nursing of Respiratory patients. I have been a project officer for the state-wide ICU Best Practice Project which facilitated ICU clinicians across the state to develop evidence based practice guidelines. My last five years was spent in Western Sydney as an Essentials of Care coordinator.

I am always asked what is 'Safety Culture?' The simplest answer I can give you is safety culture is **what you do when no one is watching**. It is how we, as an organisation, a team and as an individual approach the safety of our patients, our colleagues and ourselves.

Safety Culture has many dimensions:



Leadership: at all levels supporting all aspects of Safety

Systems, Procedures & Processes: exists that enshrine Patient & Staff safety

Resources for Safety: Adequate staffing for the workload, the right equipment for the job, that the equipment is working, and all staff have received the right training

Collaboration: relationships within and between teams are collaborative and collegial

Transparent Communication: particularly about safety, including perceptions of being able to speak up freely and report & being blame free for reporting a mistake

Learning Culture: open to learning from mistakes and responding with system improvements

Fitness for Work: Trained for the job, physically able, not stressed, engaged with the role, member of the team

Culture of Safety: The team values safety and even when no one is watching safety is the number one priority

Reliable reporting: all breaches of safety or near misses are reported appropriately to enable appropriate measures and learnings to be undertaken

My role works closely with Work Health and Safety, Security, Yamiirri Nharatji and Essentials of Care.

I want to ask you to reflect: Is safety your number **one** consideration? Or is it an afterthought?

Do we come to work to keep ourselves, our colleagues, patients and visitors safe?

(I am sure none of us come to work to intentionally hurt someone!).



Janet Masters,
CNS2, Safety Culture Coordinator

Elder Abuse Awareness Day

The Aged Care Team held a stall on Friday 15th June in the BH Hospital foyer for Elder Abuse Awareness Day with a focus on Positive Ageing.

Many personal stories were shared from various staff and community members about their experience or awareness of elder abuse. It was a very worthwhile day getting the word out that abuse of older people needs to be talked about and there is a way to get help.

Information and merchandise such as magnets and pens were given out with the NSW Elder Abuse helpline and resource unit website and phone number. Resources will be distributed to each Health Service and ward with posters, information and a toolkit. Toolkits and information are available on their website.

NSW Elder Abuse Helpline and Resource Unit 1800 628 221.

Anyone can make the call or go online to www.elderabusehelpline.com.au



Liz Perrie, Clinical Nurse Consultant Aged Care



Wound Awareness Week

Hospital in the Home raised awareness about wounds during Wound Awareness Week (15-21 July). Many of our patients seen in HITH are referred for wound care.

What is Wound Awareness Week all about?

Wound Awareness Week raised awareness of chronic wounds across Australia. This year's theme "Let's Talk About Wounds" encourages people to start a conversation with their health professionals about hard to heal wounds. It is important that the community at large can identify the wound warning signs (pain, fluid, smell, over 30 days to heal), know who is most at risk from chronic wounds, and what action to take if they have a wound that won't heal.

Why is it important to have awareness around this issue?

Chronic wounds are a 'hidden affliction' that are alarmingly common. With around half a million people suffering with a chronic wound, treating chronic wounds costs the health system \$3billion annually. People over 65 years are more at risk of having a chronic wound,

and with our population getting older, chronic wounds are a growing problem. However, with the current lack of awareness, many people don't access the treatment they need, and they suffer from their wound for much longer than they have to.

Chronic wounds impact people's lives in many ways, however with the right treatment, a chronic wound can be healed. This is why it is important to increase awareness about chronic wounds and encourage people to seek help for a chronic wound.

Who are we encouraging to participate in/find out more during Wound Awareness Week? Why?

Wounds Australia are encouraging health care professionals to get involved as they are in an ideal position to share their knowledge of chronic wounds with the general public.

Wounds Australia are also encouraging the general public to get involved, particularly if they have experienced a chronic wound or are at-risk from a chronic wound. They can share the message through social media, explore the information available on the Wounds Australia website and join the conversation about chronic wounds.



Patient Christopher Barrett having a wound cared for.



Wound Awareness Week 15 – 21 July 2018
Let's Talk About Wounds

iProcurement enhancement goes live on 7 August, 2018



Training is available on the My Health Learning.
Search for **iProcurement**

We protect your privacy

When we care for you we collect information about you and your health.

Privacy laws allow doctors, nurses and other staff involved in your care to access your information. This includes staff who treat you in other hospitals and facilities.

All staff must comply with strict rules. These are set out in NSW privacy laws.

For more information, ask a staff member, read the *Privacy Leaflet for Patients*, or visit the *Patient Privacy* webpage: www.health.nsw.gov.au/patients/privacy



Pathology patients sitting easy

the Pathology Lab at BHHS has recently acquired a new collection chair for blood collections from our patients. The new collection chair has many features, and is able to adjusted electrically to many heights and configurations. This allows for greater comfort for both patient and collector.

The Pathology collection room is located near the Specialist Clinic/Outpatients area, and is open 8am to 4:30pm Monday to Friday. We are able to perform collections and blood tests from any Pathology request form. No appointment is necessary, except for Glucose Tolerance Tests.



New collection chair: Pathology Lab staff member Heather Renton performing a blood collection on colleague Vincent Wells.

Exercise classes resume for people with cancer

Through a generous donation of \$1,200 from the Y's Men's Club of Broken Hill, the YMCA will be able to resume its Cancer Fitness Classes. These exercise classes had been offered in the past but had ceased due to lack of financial support to cover the cost of a specialist instructor, and reducing numbers of attendees at the time.

Barry Powell, President of the Y's Men's Club said that his members were responding to a need for specific classes for cancer patients, and were happy to contribute to this worthwhile service.

Recent research indicates that the maintenance of physical fitness improved the outcome of cancer treatments, and increased the physical and psychological wellbeing of people with a cancer diagnosis. Appropriate levels of physical activity are recommended to everybody with a diagnosis of cancer. The Y's Men's Club were thanked for their support in funding these classes.

Shane Simmons, Manager of the Broken Hill YMCA said: "The classes would be led by a qualified and experienced instructor. The exercises will be carefully calibrated to the capacity of individual participants, and that these classes were a precursor to the range of Wellbeing Services that will be offered from the refurbished YMCA."

People wishing to attend are requested to contact the YMCA on 8088 1999. These classes will be offered at the YMCA in Oxide St and transfer to the new YMCA Wellness Centre in Chloride Street at the beginning of 2019.

The first block of 8 classes will commence on Wednesday 1st August at 11am and will be held every Wednesday. A further 8 week block will follow. Community support and attendance at these classes is important if they are to continue. The cost to participants will be \$5. If the cost is a factor participants are requested to contact Garry Halliday on 8080 1577.

NDIS Alert Implementation

The Ministry of Health have issued a directive that Far West LHD is now required to ask all our patients from first point of contact if they are a NDIS participant.

If a patient discloses they are currently or have previously accessed or attempted to access NDIS services, the relevant NDIS alert needs to be added to the patients IPM and EMR profile.

What is the NDIS?

The NDIS is the new way the disability supports and services are funded including psychosocial disability.

Why is this information being collected?

The Ministry of Health (MoH) have requested all Local Health Districts (LHD) collect NDIS information through alert use in IPM

and CHOC/EMR.

The alerts will:

- Provide the LHD and MoH with important data about NDIS Participants and the services they are using.
- Help the LHD to better support and meet the needs of patients with a disability.
- Identify gaps in community supports and services.
- Identify patients with a disability who may be eligible for NDIS but have not yet applied.

You can find an **NDIS Alert Information Guide** and **NDIS Alert Process** on the common drive > NDIS - for Staff > NDIS Alerts.

If you have any queries regarding these changes please contact Alyce Craker on (08) 8080 1508 or by email Alyce.Craker@health.nsw.gov.au



Wilcannia District Hospital Auxiliary celebrating 90 years of activity

The Wilcannia and District Hospital Auxiliary celebrates its 90 year anniversary this year.

Although the last 90 years have seen varying levels of activity, the Wilcannia & District Hospital Auxiliary is still functioning. However as in all areas of life a lot has changed. The language used by the Western Grazier, the local paper which carried the report of the initial meeting in the edition of Saturday 23 June 1928 would raise some eyebrows today:

"Woman's activities and organisations have advanced, in many ways, during the past twenty years, and this has given them a greater sense of their own importance and responsibility in the community. More wonderful still the spirit of service which has brought so many women in the field of philanthropy and social and public service.

In Wilcannia this spirit is not lacking, and a very successful meeting was held in the Board Room, Reid street, on Saturday, June 9th when a Wilcannia Women's Hospital Auxiliary was formed, the committee for the ensuing year



Early pictures of the Wilcannia Hospital

holding a Bazaar. Ninety years on and making linen is not the focus of fundraising, though, catering, raffles and markets are.

Since the Auxiliary became very active again in 2004 after several years of subdued activity, over \$63,000 has been spent on a wide range of medical related equipment, from miner style head lamps for ambulance staff use at night to a \$20,000 contribution to digital x-ray equipment. A further \$9,000 odd has been spent on kitchen, staff and ground maintenance equipment, patient comforts including Christmas and Easter presents and toiletries for Royal Flying Doctor Service fly outs. The latter is used when accident and emergency patients are evacuated and have arrived at the hospital unprepared for the occasion.

The acknowledgement of the 90 years service to the hospital coincided with the retirement of long time treasurer Beryl Worboys who was instrumental in kick starting the regeneration and has spent many hours sitting outside the local Post Office selling raffle tickets. Beryl has provided the Auxiliary with countless volunteer hours, and we wish her all the best in her retirement to the NSW Central Coast, though we feel sure she will miss catching up with people while selling raffle tickets.

The Wilcannia Auxiliary, though facing the same challenges as others in attracting new members, is committed to keep poking along, in the *"the spirit of service which has brought so many women in the field of philanthropy and social and public service"*.

As a foot note, we are sure our acting Health Service Manager (formerly the Matron's position), Craig Oxford, is pleased he is not responsible for *"the sewing for the institution."*

Thanks to Chris Elliott at Wilcannia for story and photos.



Beryl Worboys (right) has retired as the Auxiliary's long time Treasurer, pictured at her farewell with Lorraine Nitschke, Wilcannia Health Council Chairperson

consisting of the following members:

Mesdames A.

Crossing, A. Wagenknecht, F. Martin, R. Knox, Misses Parker and Q. Leckie; Mrs A. G. Humphreys, president; Mrs R. A. Warwick, secretary. The object of the Auxiliary is to promote the welfare of the institution and give pleasure and comfort to the inmates by providing sufficient linen and other accessories which may add to their comfort ; also attending to the sewing of the institution, which hitherto has been on of the matron's numerous duties".

Six months later, December 1928, the membership was 43; balance in bank £9 and articles forwarded to Hospital were:

Long sheets, 36; draw sheets, 7; crib sheets, 18, crib blankets, 3 pairs; mosquito nets, 3; pillow slips, 25; cushions, 2 ; binders, 1 ; table cloths, 4; pyjama suits, 6; shrouds, 3; crib pillows, 3 (from the Misses Gaffney) dust sheets, 3 ; afternoon tea cloth, 1. Four quilts for the bassinet are on order, and sheeting to the value of five pounds has been purchased-- the sewing of which will be attended to early in the new year.

Funds were raised through catering for afternoon tea at the local race meeting, raising £16 and 5 pence. (\$1,272.85 in today's \$) and





It's time for all of us at Far West NSW Local Health District to step up for kids with cerebral palsy.

Form a team of four people. Colleagues are preferred but why not have family or friends join you. Make one of you the team captain and you're on your way to a healthier you and raise money for kids with cerebral palsy at the same time.

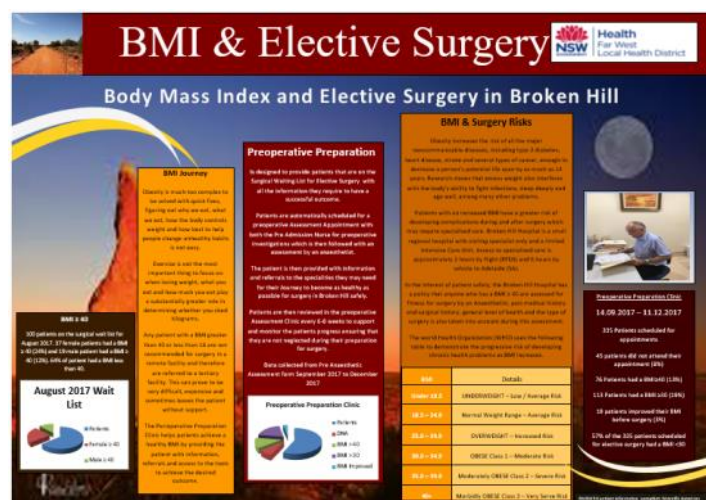
Sign up right now using the code: FWLHD2018 and your \$25 registration fee will be waived. Pedometers will be mailed to you before you start.

Join me to start a proud Far West NSW Local Health District tradition by organising your team and asking your Team Captain to sign up for September at <https://www.stepember.org.au/>



Poster accepted for conference

Congratulations to Chenny Fazulla CNS Pre Admission Nurse at BHHS) who will have her BMI and Elective Surgery in Broken Hill poster presented at the Rural Health and Research Congress in Tamworth in September 2018.



What is the Baby Friendly Health Initiative?

The role of the BFHI is to protect, promote and support breastfeeding. It does this by providing a framework for Baby Friendly hospitals to operate within, called the Ten Steps to Successful Breastfeeding. These standards ensure all mothers and babies receive appropriate support and contemporary information in both the antenatal and postnatal period regarding infant feeding.

In a Baby Friendly accredited facility, breastfeeding is encouraged, supported and promoted. Breastfed babies are not given breastmilk substitutes (infant formula), dummies or teats unless medically indicated or it is the parents' informed choice. BFHI accredited hospitals must maintain an exclusive breastfeeding rate of 75% or higher to be eligible for assessment. Broken Hill Health Service has held ongoing BFHI accreditation since 2007. This year's accreditation assessment will be held on 16-17 August 2018. Hospital wide staff education sessions regarding the importance of being baby friendly and supporting breastfeeding mothers will be delivered by senior midwifery staff throughout July.



World Breastfeeding Week

World Breastfeeding Week will be celebrated from 1-7 August 2018. World Breastfeeding Week is made possible through the work of World Alliance for Breastfeeding Action (WABA), a global network of individuals and organisations concerned with the protection, promotion and support of breastfeeding worldwide based on the Innocenti Declarations, the Ten Links for Nurturing the Future and the WHO/UNICEF Global Strategy for Infant and Young Child Feeding. WABA is in consultative status with UNICEF and an NGO in Special Consultative Status with the

Economic and Social Council of the United Nations (ECOSOC).

2018 World Breastfeeding Week's theme is "Breastfeeding: Foundation for Life" - the objectives being to INFORM people about the links between good nutrition, food security, poverty reduction and breastfeeding; ANCHOR breastfeeding as the foundation of life; ENGAGE with individuals and organisations for greater impact and GALVANISE action to advance breastfeeding as a part of good nutrition, food security and poverty reduction.

The LHD will celebrate World Breastfeeding Week in August by aiming for Baby Friendly Health Accreditation, spreading the word during a segment on ABC radio and continued engagement and support for breastfeeding women and their families through the Breastfeeding and Parenting support groups run through the Maternity ward and Child & Family Health Centre.



Quality Board Communication

Clinical Pathways

A clinical pathway is a tool for making care more consistent and efficient. The aim of a clinical pathway is to improve the quality of care, reduce risks and improve patient communication by providing a clearly written summary of care.

A clinical pathway improves multidisciplinary communication, teamwork and care planning by supporting evidence based clinical practice.

Clinical pathways never replace clinical judgement, they are a guide only and it is always important that clinicians monitor the care and alter treatment if the pathway is no longer appropriate for the patient.

Staff can access the Clinical Pathways on the Intranet > Directorates > Nursing and Midwifery > Clinical Pathways.

Pathways available – Chronic Obstructive Pulmonary Disease; Chest Pain; Acute Stroke; Delirium Prevention & Management; Hip Fracture in the Older Person ; Sepsis; Day Only Adenoidectomy and Carotid Endarterectomy.



Fighting off the Winter Blues

So, who out there is already looking forward to summer? Eagerly anticipating the return of daylight saving?

Many of us feel our mood drops during the colder months and this can include feeling lethargic, finding it harder to wake up in the morning and craving unhealthy food.

For us Aussies, mood-enhancing activities such as exercise and socialising can seem harder in winter. There are fewer backyard barbies, there may be more screen time at home in front of the heater, perhaps alone.

Those of us more inclined to the winter blues might need to make a more conscious effort to build social and

physical activity into the winter months. What keeps you well in summer you should keep up in winter if you can.

Remember, there are things you can do to help yourself:

- Try to get outside in natural daylight as much as possible, especially at midday and on brighter days. Inside your home, pull back the curtains when the days are brighter and sit near windows whenever you can.
- Keep active by continuing activities such as exercise. Consider a gym membership during the colder months to keep you motivated or go for a walk in your lunch break.
- Keep warm with hot drinks and hot food. Wear warm clothes and shoes.
- A healthy diet will boost your mood, give you more energy and stop you putting on weight over winter. Balance your cravings for carbohydrates, such as pasta and potatoes with plenty of fresh fruit and vegetables.
- Keep up your social life. Socialising is always good for your mental health so make an effort to keep in touch with people you care about and accept invitations for social events, even if you only go for a little while.

And don't forget, summer is just around the corner and then we can start complaining about the heat!



TEAM

SAFETY

HUDDLES



Safety huddles are one of the important steps towards helping the departments achieve its safety goals. The staff in Balranald MPS started practising daily TEAM SAFETY HUDDLES at inpatient/RAC and in community health since June 2018.

Staff conducting Safety Huddles at Balranald MPS

The team at Balranald MPS identified the urgency of communicating safety issues and critical situations in SAFETY HUDDLES to enable them to plan for the unexpected. Staff decided to spend just a few minutes daily that can increase safety awareness, develop action plans to address identified safety issues and foster a culture of safety.



Safety Huddle promotes situational awareness of current issues that have the potential to impact the safety, quality and service of care delivered that day. It provides direction about the prioritisation and responsibility for problem resolution. Suggested reading of policies:

[FW_PD2018_009 Conducting Effective Safety Huddles and White Level Inspections Policy](#)

[Ministry of Health - Work Health & Safety Better Practice Procedure PD2018_013](#)

For more details contact:
Aravind, YN Coach at 08 8080 1500
Ms Pat Croft, HSM, Balranald MPS at 03 5071 9800

Y's support for Children's Ward

The children's ward at the Broken Hill hospital is planning to reinvigorate its garden and purchase much needed replacement play equipment for its young clients.

The fund raising effort to carry through this plan has been helped by a donation of \$500 to the ward from the Broken Hill Y's Service Club.

The President of the club Mr Barry Powell said: 'My club members are happy to support the wonderful work which is being done every day by the staff of the children's ward. I realise this donation goes only a small way towards the full cost of the \$2,000 project but we hope our donation will spur others to make a contribution.'

Anybody who is interested in making a contribution to the children's ward project should contact Nadine Huett, NUM Paediatrics Broken Hill Health Service.

Sue Liddell with the Y's cheque for the Kid's Ward





Haematology services at Broken Hill Hospital welcomed addition

Haematology services are now available at Broken Hill Hospital with visiting specialist Dr Jir Ping Boey conducting monthly clinics.

Dr Jir Ping Boey recently commenced as a visiting Haematologist at Broken Hill Hospital and will conduct monthly face to face clinics at Broken Hill Specialist Clinics for patients with both non-malignant and malignant haematology conditions. Dr Boey works as a Consultant Haematologist at Flinders Medical Centre in Adelaide.

"It is a very exciting time for Broken Hill Hospital to obtain visiting specialist haematology services," said Melissa Cumming, Director Cancer Services. "Having the service provided locally enables patients to receive treatment closer to home, and reduces the need for travel to Adelaide for consultations or review," said Ms Cumming.

Dr Andre Nel, Director Medical Services, said Dr Boey's appointment was the latest addition of visiting specialist services provided in the Specialists Clinic at Broken Hill Hospital. "We're very pleased to see our specialist services expanding and we hope to be making further announcements in the near future."

We recently announced weekly orthopaedic services with the appointment of four new specialist surgeons at BH Hospital. All are experienced in a wide range of specialisations. They are doctors Robert Wallace, Mike Smith, Matthew Hutchinson and Justin Alexander, who will make a large contribution to patient care in our district.

Dr Boey said he was very pleased to be working with the Broken Hill Health Service to delivery haematology services here. "I'm very happy to be providing this service to the community and I look forward to a long relationship with the Far West," he said.



Oncology Unit has welcomed the return of a Haematology Service
(from left) Kelly Mawby (CSO), Ben Stellini (RN), Dr JP Boey and Shelley Xiao (RN).

Facilitation Capability Assessor Accreditation Program

The Health Education and Training Institute (HETI) developed the *NSW Health Facilitation Standards* and introduced a pilot *Facilitation Capability Accreditation Program (FCAP)*". The aim of the programme is to provide a consistent pathway for safe and effective service delivery. Two staff from our LHD attended the programme and upskilled their critical reflection and assessment skills. More information will follow when HETI roll out the standards.

Mr Aravind Krishnamurthy (far left) Yamirri Nharatji Coach and Ms Kelly Dart (sitting, 3rd from right), Health Service Manager, Wentworth HS participated in the HETI's Facilitation Capability Assessor Accreditation pilot Program on 26-27 June 2018





Policy Watch — PDs available on MOH internet

The following documents have been published on the NSW Ministry of Health internet site <http://www.health.nsw.gov.au/policies>. These documents are official NSW Health policy. Compliance with Policy Directives is **mandatory**.

Title	Document Number	Date Issued
Lifetime Care & Support (LTCS) Scheme - Charging Policy and Rates for Designated Units	PD2018_022	03/07/2018
Brain Injury Rehabilitation Program (BIRP) - Fees Policy and Schedule of Fees	PD2018_023	03/07/2018
Health Services Act 1997 - Scale of Fees for Hospital and Other Services	PD2018_024	03/07/2018
New Financial Classes for MVA Patients who do not claim (for Medical Billing) from 1 December 2017	IB2018_027	03/07/2018
Remuneration Rates For Sessional Visiting Medical Officers	IB2018_022	25/06/2018
Remuneration Under Fee For Service Contracts for Visiting Medical Officers	IB2018_023	25/06/2018
Major Incident Medical Services Supporting Plan	GL2018_017	25/06/2018
Disclosure of Contract Information	PD2018_021	26/06/2018
Notification of amendment to the NSW Health Smoke -free Health Care Policy PD2015_003	IB2018_026	28/06/2018
Amendments to the Mental Health Act 2007 and the Mental Health (Forensic Provisions) Act 1990	IB2018_025	27/06/2018
Employment and Management of Locum Medical Officers by NSW Public Health Organisations	PD2018_019	15/06/2018
Transport of Pathology Specimens to Laboratories	PD2018_020	15/06/2018
Payment of Infectious Cleaning Allowance - Health Employees' Conditions of Employment (State) Award	IB2018_021	18/06/2018
Maternity - Resuscitation of the Newborn Infant	GL2018_016	15/06/2018
Infants and Children: Management of Acute Pain in the Emergency Department	GL2018_014	07/06/2018
Infants and Children - Acute Management of Seizures	GL2018_015	07/06/2018
Work Health and Safety - Blood and Body Substances Occupational Exposure Prevention	GL2018_013	04/06/2018
Employment of Assistants in Nursing (AIN) in NSW Health Acute Care	PD2018_017	04/06/2018
Recruitment and Selection of Junior Medical Officers to the NSW Health Service	PD2018_018	06/06/2018
Right to access medical records by legal representatives - Mental Health Review Tribunal hearings	IB2018_019	30/05/2018
Definition of an Aboriginal Health Worker	IB2018_018	24/05/2018